



Carolyn (Ahler) Gaines

October 13, 1956 - December 7, 2022

Carolyn Marie (Ahler) Gaines, beloved mother, sister, “Nana”, and friend, went to her Heavenly home on December 7, 2022. She was 66.

Carolyn was preceded in death by her parents, Harold and Lucy Ahler, and her brother Daniel Ahler, all of Frankfort, KY. She is survived by her two sons: Brandon Gaines of Lexington, KY (wife Kathryn and their sons Henry and Harvey) and Jason Gaines of Woodstock, GA (wife Christine and their daughter Ava); as well as her sister, Mary Kathryn Aarsvold of Kasson, MN and her nephew Paul Aarsvold of Altura, MN (wife Val and their five children).

Carolyn was a lifelong resident of Frankfort and member of Good Shepherd Catholic Church, where she also attended grade school. In 1974, she graduated from Franklin County High School and enrolled at Eastern Kentucky University where she graduated with an associate degree in 1976. While lovingly raising her two sons, she worked as a legal assistant and then later for the Kentucky Teacher’s Retirement System and Kentucky Legislative Research Commission. Carolyn enjoyed nothing more than spending time with her family, especially her grandchildren. She will be remembered for her unconditional love, kindness, and generosity.

A Celebration of Life will be held at Harrod Brothers Funeral Home on Saturday, December 17, 2022, at 12:00 p.m. with Rev. Mark Randle

officiating. Visitation will be held at Harrod Brothers Funeral Home from 10:00 a.m. until 12:00 p.m. on Saturday.

In lieu of flowers, expressions of sympathy may be made in Carolyn's memory to St. Vincent de Paul Society of Frankfort.

Arrangements are under the direction of Harrod Brothers Funeral Home & Crematory.

Previous Events

Visitation

DEC 17. 10:00 AM - 12:00 PM (ET)

Harrod Brothers Funeral Home
312 Washington Street
Frankfort, KY 40601
(502) 227-4526
hbfh@harrodbrothers.com
<https://www.harrodbrothers.com>

Celebration of Life

DEC 17. 12:00 PM (ET)

Harrod Brothers Funeral Home
312 Washington Street
Frankfort, KY 40601
(502) 227-4526
hbfh@harrodbrothers.com
<https://www.harrodbrothers.com>

Tribute Wall



“ Carolyn (Ahler) Gaines

October 06, 2023 at 03:15 PM



“ Tammy And Walter Weitzel lit a candle in memory of Carolyn (Ahler) Gaines



Tammy and Walter Weitzel - December 16, 2022 at 03:53 PM



“ Mary Katherine,
JoAnn told me about Carolyn's passing. So sorry for your loss. You are in our thoughts.
Bob Bolte

Bob - December 15, 2022 at 11:27 AM



“ 76 files added to the album Life Tributes



Harrod Brothers Funeral Home - December 13, 2022 at 02:55 PM

PM

“ We are so sorry for your loss. She was a good friend to my son, Taylor. Such a nice and caring person.

Peggy Moore - December 13, 2022 at 01:40 PM

SR

“ Sue Ramsey lit a candle in memory of Carolyn (Ahler) Gaines



Sue Ramsey - December 12, 2022 at 06:25 PM

SR

“ Carolyn was my neighbor and dear friend, one of the kindest people I've ever been blessed to know. She loved her family dearly and was so proud of her sons, their wives, and three grandchildren. As a friend, she was thoughtful, empathetic, loving, and loyal. I will miss her terribly and will never forget her. My prayers are with her family.

Sue Ramsey - December 12, 2022 at 06:23 PM